



COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Floor Exercise

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Front salto str 5/2 tw	E	4		0.1, 0.1, 0.3	Feet crossed, lack of prep, large hop
Front salto str 1/1 tw	E	4			5th skills from EG 4
Double front salto	D	2		0.3	Legs apart 3rd diagonal pass
Round off					
Back handspring	A	3			
Double back salto 2/1 tw	E	3			
V-sit	B	1			
Split	A	1			
Press to handstand	B	1		0.1	Rhythm Only 1 strength skill permitted
Back salto str. 5/2 tw.	D	4			
Front salto tucked	A	2		0.1, 0.1, 0.1	Lack of height, Bent ankle, Small hop
Front salto str. 2/1 tw	D	4		0.1, 0.1	Lack of preparation, Small hop
Back salto str. 3/1 tw	D	4	+0.1 Stick	0.1, 0.1	Lack of prep, Arm swing. Second - 3rd diagonal pass

G =	Difficulty = 2.9		
F =	EG I = 0.5		
E = 2	EG II = 0.5 (C value or greater)	E1 = 1.6	Dismount stuck = Yes
D = 4	EG III = 0.5 (C value or greater)		
C =	EG IV = 0.5 (C value or greater)		
B = 1	Connection + Stick = 0.1		D Panel + E Panel = 12.50
A = 1	D Score = 5.0 - 0.9 = 4.1		
Neutral Deductions	-0.3 (More than 2 diagonal passes) -0.3 (No balance on one leg) -0.3 (No multiple salto dismount)		

D – Panel Comments:

Using same diagonal more than 2 times in a row = **-0.3 (once in the exercise)**
Only 1 strength skill permitted. Count the V-sit or the Press to HS, not both.

E – Panel Comments:

* X = repeated skill or non-recognized skill.

The top 8 counting skills are noted in **Bold & larger font**



COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Pommel Horse

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Scissor 1/1 turn	B	1		0.1, 0.1	Lack of toe point, Lack of amplitude
Circle in side support	A	2			
Buzugo	E	2		0.1	Lack of extension
Sohn	D	2		0.1	Lack of extension
Czechkehre	B	2		0.1	Lack of extension
Stockli B	B	2		0.1	Lack of extension Too many EG 2 skills
LLR18	D	2		0.1, 0.1, 0.3, 0.1, 0.1	Lack of extension, Lack of extension Severe hip break on Russian, Leg separation, Bent knees
Circle in side support				0.1, 0.1	Lack of extension, Leg separation
Roth	Đ	3		0.1	Lack of extension Only 1 variation permitted (pg. 45, 3ji)
Wu	E	3		0.1	Leg separation
Russian 1080	C	4		0.1, 0.3	Leg separation, Bent arms

G =	Difficulty = 2.5		
F =	EG I = 0.5		
E = 2	EG II = 0.5 (C value or greater)	E1 = 2.1	
D = 2	EG III = 0.5 (C value or greater)		
C = 1	EG IV = 0.3 (value of dismount)		
B = 2	Connection + Stick = 0.0		D Panel + E Panel = 12.20
A =	D Score = 4.3		

D – Panel Comments: Can only include one variation of the same type of element. For 3/3 Russian Wendeswings travel elements (i.e. Roth or Wu), in this case the element with the highest difficulty value will be counted.

E – Panel Comments:

* X = repeated skill or non-recognized skill.

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COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Still Rings

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Pull to inverted hang				0.1	Hold more than 2 seconds
Honma	NC			0.5	Swing greater than 45 degrees above the perfect hold position. No credit - Shoulders above the top of the rings
Lower to "L" cross	NC				
Raise legs to "V" cross	€	2		0.3, 0.1, 0.3, 0.1	Dropping & raising legs to "V" cross. Legs not vertical. Short hold. False grip. See note below in red
Inverted hang				0.1	Hold more than 2 seconds
Back uprise to str. Planche	NC			0.5, 0.1	Swing greater than 45 degrees above perfect hold position. Arms bent. Body bent more than 45 degrees
Nakayama	D	2			
Inverted hang				0.1	Hold more than 2 seconds
Inlocate	A				
Jonasson	C	1			
Yamawaki	B	1			
Back uprise	A	1		0.1	Slight bent arms
L-sit	A	2		0.1	Slight body movement.
Press to Handstand	B	2			
Back uprise to HS	C	1			
Double front salto piked with ½ turn	D	4		0.1, 0.3, 0.3	Bent knees. Lack of preparation. Large step.

G =	Difficulty = 2.0		
F =	EG I = 0.5		
E =	EG II = 0.5 (C value or greater)	E1 = 3.1	Dismount stuck = No
D = 2	EG III = 0.0		
C = 2	EG IV = 0.4 (value of dismount)		
B = 2	Connection + Stick = 0.0		D Panel + E Panel = 10.30
A = 2	D Score = 3.4		

D – Panel Comments: We did not recognize the Honma Cross / V-Cross as an EG III skill because his shoulders were above the top of the rings and we still cannot recognize the final hold position. Note: We can only recognize one cross skill from EG II which was the Nakayama (the higher valued cross skill).

E – Panel Comments:

* X = repeated skill or non-recognized skill.

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COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Vault

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Tsukahara Str. 5/2 twist (Driggs #131)	4.8			0.3	Legs apart on pre-flight
				0.3	Knees bent on pre-flight
				0.1	Bent ankle
				0.1	Slightly bent body in the air
				0.1	Bent knees in the air
				0.1	Feet crossed
				0.1	Lack of preparation
				0.1	Arm swing
				0.1	Small hop

G =	Difficulty = 4.8		
F =	EG I =		
E =	EG II =	E1 = 1.3	Dismount stuck = No
D =	EG III =		
C =	EG IV =		
B =	Connection + Stick = 0.0		D Panel + E Panel = 13.50
A =	D Score = 4.8		

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.

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COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Parallel Bars

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Glide kip to support	A	3		0.1	Slight knee bend
Swing to HS	A	2		0.3	Reverse direction (see below)
Basket to HS	D	3		0.3, 0.1	Bent arms, Hand adjustment
Giant to HS	C	3		0.3	Bent arms
Basket to support	B	3			
L-sit	A	2			
Press to handstand	B	2			
Stutz to HS	C	2		0.1, 0.1, 0.1	Bent arms during regrasp, Right hand, Left hand adjustment
Diamidov	C	2			
Front uprise	A	1			
Swing to HS				0.3	Reverse direction
Double salto bwd piked	D	4		0.1, 0.1, 0.3	Bent ankle, Lack of preparation, Large hop

G =	Difficulty = 2.2		
F =	EG I = 0.5		
E =	EG II = 0.5 (C value or greater)	E1 = 2.2	Dismount stuck = No
D = 2	EG III = 0.5 (C value or greater)		
C = 3	EG IV = 0.4 (value of dismount)		
B = 2	Connection + Stick = 0.0		D Panel + E Panel = 11.90
A = 1	D Score = 4.1		

D – Panel Comments:

E – Panel Comments: Back swings in support or upper arm hang that do not lead to at least a value part but simply reverse direction and swing down in or to lower hang or support position are deducted 0.30 (see pg. 93, Article 14.2.1.4a)

* X = repeated skill or non-recognized skill.
 The top 8 counting skills are noted in **Bold & larger font**.



COMPETITION: 2024 NCAA Challenge (Week 1)
EVENT: Horizontal Bar

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back uprise to HS	A	1			
Undergrip giant	A	1			
Adler ½ turn	D	3		0.1, 0.1	Bent knee, Deviation of plane of movement
Overgrip giant	A	1		0.1	Bent knees on tap.
Kolman	E	2		0.1, 0.1	Slight leg separation. Hand adjustment.
Tkatchev stretched	D	2		0.1	Bent knees on tap
Tkatchev straddled	C	2			
Tkatchev piked	€				3rd Tkatchev (Max 2)
Blind change	A	1			
Adler	C	3		0.1	Bent knees
Elgrip giant	B	1			
Russian giant	C	1		0.1	0.1 insufficient inlocate on Russian
Hop to undergrip				0.1	Bent arms on hop
Pirouette	A	1			
Stalder	B	3		0.1	Bent ankle
Double salto bwd. str. 1/1 turn	D	4	+0.1 Stick	0.1, 0.1	Bent knees on tap. Slight body bend during dismount.

G =	Difficulty = 2.8		
F =	EG I = 0.5		
E = 1	EG II = 0.5 (C value or greater)	E1 = 1.2	Dismount stuck = Yes
D = 3	EG III = 0.5 (C value or greater)		
C = 3	EG IV = 0.4 (value of dismount)		
B = 1	Connection + Stick = 0.1		D Panel + E Panel = 13.60
A =	D Score = 4.8		

D – Panel Comments: Only 2 Tkatchev & Piatti, Kovacs, Gienger, Jager, Markelov or Saltos fwd. over the bar style flight elements are permitted (see pg. 117, Article 15.2.2.5c).

E – Panel Comments:

* X = repeated skill or non-recognized skill.

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